



Your life is 24/7. With Virtual Care, your doctor is, too.

**AVOID THE WAIT! ACTIVATE YOUR BLUE CROSS OF IDAHO MDLIVE ACCOUNT TODAY AT [mdlive.com/bcoidaho](http://mdlive.com/bcoidaho).**



When you can't see your primary care provider, you can consult with a board-certified doctor by phone, secure video or the MDLIVE app anytime, from anywhere. If you are in Idaho, you will need to use video to meet with the doctor.



MDLIVE doctors are available 24/7/365. Average wait time for medical consultations is less than 10 minutes. Therapists and psychiatrists require an appointment, with an average wait time of three to four days.



Your family members are eligible for virtual care, too. Pediatricians are available 24/7.

**NON-EMERGENCY CONDITIONS WE TREAT:**

- Acne
  - Allergies
  - Cold / Flu
  - Constipation
  - Cough
  - Diarrhea
  - Ear problems
  - Fever\*
  - Headache
  - Insect bites
  - Nausea / Vomiting
  - Pink eye
  - Rash
  - Respiratory problems
  - Sore throats
  - Urinary problems / UTI\*
  - Vaginitis
  - And more
- Behavioral Health**
  - Addictions
  - Bipolar disorders
  - Child and adolescent issues
  - Depression
  - Eating disorders
  - Gay/Lesbian/Bisexual/Transgender issues
  - Grief and loss
  - Life changes
  - Men's issues
  - Panic disorders
  - Parenting issues
  - Postpartum depression
  - Relationship and marriage issues
  - Stress
  - Trauma and PTSD
  - Women's issues
  - And more

*E-prescriptions can be sent to your preferred pharmacy (if required) for medical conditions. MDLIVE cannot prescribe medication for behavioral health conditions.*

**Activate your account online or by phone.**

[mdlive.com/bcoidaho](http://mdlive.com/bcoidaho)

**888-920-2975**

 **Download the MDLIVE App**

**MDLIVE**  
Virtual Care, Anywhere.

*(continued)*

*\*MDLIVE physicians may not treat any children with urinary symptoms. Parents/guardian will be required to complete a different medical history disclosure form for children under the age of 36-months prior to making an appointment with an MDLIVE physician. Children under 36 months who present with fever must be referred to their pediatrician (medical home), child-friendly urgent care center or emergency department for clinical evaluation and care.*

MDLIVE does not provide any healthcare services and is not an insurance product or a prescription fulfillment warehouse. MDLIVE does not replace your relationship with your primary care provider. MDLIVE operates subject to state regulation and may not be available in certain states. MDLIVE does not guarantee that a prescription will be written. MDLIVE does not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. Contents in this material are not a substitute for professional healthcare advice, diagnosis or treatment. MDLIVE healthcare professionals reserve the right to deny care for potential misuse of services. MDLIVE and the MDLIVE logo are registered trademarks of MDLIVE, Inc. and may not be used without written permission. For complete terms of use visit [www.mdlive.com/pages/terms.html](http://www.mdlive.com/pages/terms.html).

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